



## Perseverance Pays Off

Stephanie's story is a great example of perseverance and focus. Despite her efforts, Steph was unsuccessful in gaining a place in Occupational Therapy at the end of Year 12. Undeterred, she threw herself into her university studies and in 2015 graduated with her coveted OT degree. Along the way, Steph has undertaken a range of experiences that have helped to shape her career outlook and which have no doubt benefitted her clients.

I graduated from Samaritan College in 2010 and relocated to Adelaide in early 2011 to study at university. I narrowly missed out on my first preference to study Occupational Therapy, but was accepted into my second preference at Uni SA (Applied Science: Human Movement and Health Studies). Initially I was disappointed that I did not achieve an ATAR high enough to be accepted into Occupational Therapy, however teachers and former students told me about the options available to transfer into my preferred course, so I remained optimistic. I was a proactive student and arranged meetings with the Occupational Therapy course coordinator to find out which electives I should enrol in to help transition. I studied Human Movement for one year, studied hard, and was subsequently accepted into the Bachelor of Health Science/Master of Occupational Therapy course at Flinders University.

During the Master of Occupational Therapy, we had the opportunity to complete a series of clinical placements. Clinical placements were my university highlight, providing me with the opportunity to experience the wide variety of OT roles and practice what I had learnt. One of my final year placements was at Port Augusta Community Health, within Country Health SA. During this placement I spent most of my time in aged care community, visiting clients aged 65 and over at home and recommending modifications (such as ramps and grab rails) and equipment to increase their safety and independence at home. I was also provided with the opportunity to shadow an OT at the local Aboriginal Health Service (Pika Wiya), which sparked my interest in working in Aboriginal Health.

Following this, I won a scholarship through Flinders University to attend the 2015 Indigenous Allied Health Australia conference in Cairns, Queensland. This was a unique experience that challenged my way of thinking and helped me consider what is required to provide culturally responsive services. It was great to hear allied health professionals share their incredible stories of the work they are doing which is improving the health outcomes of Aboriginal people.

I graduated from Flinders in December 2015 and a month later began my first job as a registered OT in Port Augusta, in the same

role I worked in when I was a student. I was provided with the opportunity to fly to Coober Pedy with the Royal Flying Doctor Service on overnight trips to provide outreach, which typically consisted of a mixed caseload of hand therapy clients, paediatric clients, inpatients and aged care community. A fantastic component of the overnight trip to Coober Pedy was staying in a dug-out! As a new graduate my new role was challenging to say the least, especially as I had minimal experience in paediatrics. However it was a great learning experience and valuable in progressing my career.

In January 2017 I moved back to Adelaide and began working in adult disability. This role involved prescribing equipment and home modifications for clients aged 18 and over who are living with a disability, such as multiple sclerosis, spinal cord injury, brain injury, intellectual disability, lower limb amputation and motor neurone disease. Due to the complexities faced by some of our clients, there was a lot of problem solving involved with this role, which further enhanced my skills and knowledge. In June 2017, 18 months after finishing university, I won a position as a Level 2 Occupational Therapist in the Barossa, working in the Transition Care Program (TCP).

My exposure to the variety of OT fields working in regional South Australia, as well as my experience working under reduced supervision, certainly contributed to my success in winning a more senior position. I am also proof that it is not the end of the world if you are not accepted into your preferred course of study; there are options available if you are proactive and work hard to achieve your goals.

*Stephanie Foran*



## Year 10 Work Experience

Last week the Year 10 girls undertook Work Experience as part of their Personal Learning Plan. An amazing variety of careers/professions were explored, including game creation, graphic art, nursing, teaching, dentistry, media and racing! This edition of the Careers News features the experiences of two students: Rivva Norman, who went to Channel Nine, and Hayley Jones who worked at the Morphettville Racecourse. Featured below are Rivva's media release for the television show Adelady and Hayley's reflections on her time at Gordon Richards Racing.



above: Hayley at work

*I chose to go to Gordon Richards Racing stables at Morphettville in Adelaide for work experience. The reasons I chose to go with Gordon:*

- a) *I love horses and my grandfather (Pa) is a race horse trainer in Quorn, this allows me to help him with the horses on and off the track.*
- b) *I chose to go to Gordon's because he had trained one of my Pa's race horses 'Downs after Dark'.*
- c) *I wanted to get a different experience of working with different people and to see how people trained in the city and in a bigger environment.*

*I have been a strapper for 2 years working for my pa on the weekends. We have 7 horses but they are all in work at different times. When I had the chance to go to Adelaide to watch 'Downs after Dark' race, that's when I made up my mind that I wanted to go down there for work experience.*

*Every morning I had to wake up at 3:30am ready for a 4 am start at the stables. Once I got there I had to muck out the stables and get a horse that Nikki (my supervisor) told me to get, then I had to walk the horse over to the track for its morning workout. I saddled the horse up ready for Anna or Mak (jockey/track workers) to ride. I had the chance to watch horses in a water walker, which is a round pool divided into sections, big enough for a horse in each section. The horses are encouraged to walk around the pool by the dividers as its motorised. The water is just over chest deep on the horse. This is used as an exerciser and a muscle builder. There was also a horse swimming pool but I didn't get the chance to use it.*

*There were 9 horses in work which made for a very busy day, each and every day. I was amazed by it all. Being able to work at the Morphettville track was breath taking, so much to see and experience, well for this country kid it was anyway. I can't wait to go back as Gordon and staff have invited me back when ever I'd like.*

Hayley

below: Rivva's media release piece

**NEW SERIES**  
**ADELADY** SUNDAY 8.30  
**MEDIA RELEASE**

**REMARK, SOUTH AUSTRALIA'S PEARL**  
**SUNDAY, JULY 26, AT 8.30PM ON CHANNEL NINE**

Reason 2 kicks off with Hayley Pearton and Lauren DeCasse travelling to the hidden beauty of South Australia where they are treated to luxurious exclusive experiences as they take you on a journey through Renmark's surprisingly wonderful tourist spots on Adelaide at 4.30pm Sunday on Channel Nine.

Our Adelaide are treated to the best Renmark has to offer with the architectural astounding The Francis Hotel, wine being produced with genuine passion and superb three course meals.

Hayley and Lauren experience an exclusive local ride, through the creeks and back waters of the River Murray, where they discover the picturesque beauty Renmark has to offer. And give you a secret peek into the Stock Water Reserve west of our CBD.

The girls are back in the kitchen! Adelaide's own, Oscar Chow, as they experiment with the most loved Aussie Aussie (house) giving it an Adelaide twist, which will show the world off at your dinner guests.

The Twenty Third Street Distillery takes our Adelaide on a behind the scenes tour of Renmark's golden toast distillery and shows them with its newly upgraded look. Lauren and Hayley are then treated to an exclusive tour of The Twenty Third Street beverages and what's even better.

Season best's first regional beauty. Founder of the body image movement, Taryn Brubaker also shows with the girls at the Coleson Spa and shares on her upcoming documentary performing the emotional stories of women who've struggled with body dissatisfaction, how one picture changed her life for the better and leaves the important message 'I am not my body'.

Don't don't get why Renmark is a travel must? Tune into Adelady on Channel Nine, this Sunday 8PM at 8.30pm, to be re-treated on the surprising beauty of South Australia's Renmark.

**ADELADY: IT'S EVERYTHING YOU'RE INTO**  
**SUNDAY, JULY 26, AT 8.30PM ON CHANNEL NINE**

LINE Adelaide on Facebook  
@adelady on Twitter  
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For further information:  
Channel Nine Adelaide  
Adelaide Media Centre  
100 Flinders St - 1st Fl - SA 5000  
Phone: 08 8233 1111  
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SA Dental Service

Think about your next move

**Dental Assistant Traineeships**

SA Dental Service is offering more than 20 Dental Assisting Traineeship positions at clinics across the state. The 12 month Traineeship contract includes on the job training and attendance at TAFE where you will gain a Certificate 3 in Dental Assisting while earning **\$17,685 - \$32,761** a year.

If you are 17 to 24 years of age (or up to 30 years if Aboriginal or Torres Strait Islander) and have finished year 11.

**You may qualify for a Traineeship.**

Applications open **01/09/17 - 22/09/17** for the February 2018 intake.

For more information visit [www.sahealthcareers.com.au](http://www.sahealthcareers.com.au)  
Search Job Number: 623462 at this website from 1-22 September to apply.

The following career information has been provided by third parties.  
Samaritan College does not accept responsibility for the accuracy of this information.

## Be A Job Maker

Be A Job Maker is a free 6-week course that aims to empower and inspire youth to design an innovative approach to entering the workforce their own way. Open to young people aged 16 – 24, the program provides real-world, hands-on experience working with start-ups, entrepreneurs, business, government, Flinders NVI and researchers, meaning that young people will develop the skills they need to become job makers. The course commences on Tuesday 15th August at a Whyalla venue that is yet to be confirmed. More information, including the course content and registration details, can be found at [www.nviflinders.con.au/beajobmaker](http://www.nviflinders.con.au/beajobmaker). Year 11 students might be able to gain 10 SACE credits if they complete the course.



## Be an engineer for a week

UniSA is offering two Year 10 students who have demonstrated a passion for science and mathematics the chance to take part in a one-week engineering program at UniSA's Mawson Lakes campus. Students will be shown the practical and advanced application of mathematics and science, explore the disciplines of civil, mechanical, electrical and mechatronic engineering, and will engage in a hands-on renewable energy project.

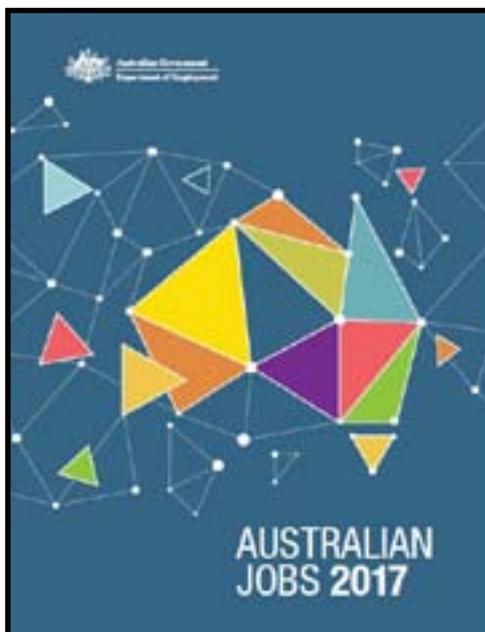
Students are nominated by teachers, who must lodge their nomination forms by Friday September 1. Interested students are invited to see me (Miss Gibson) for more information or can visit <http://unisa.edu.au/engineeringweek>



## Australian Jobs 2017

The latest edition of the Department of Employment's Australian Jobs 2017 is now available. Hard copies can be collected from the Design Centre or students can log on at <http://lmip.gov.au/> or <http://joboutlook.gov.au/>

for the most recent overview of trends in the Australian labour market to support job seekers. The guide could be useful to all senior students who are considering their subject and post-school options for 2018.



## Indigenous Australian Engineering Summer School

*Applications for the 2018 IAESS are now open.*

*The IAESS program gives 20 Indigenous high school students from across Australia, who are entering years 10, 11 or 12 in 2018, the opportunity to come to Sydney and explore the possibilities of engineering as a course and a career.*

*The program is fully-funded – all activities, accommodation, flights and meals for participants are covered by Engineering Aid Australia and the University of Sydney.*

*The week-long program will give participants the chance to go on exciting engineering site visits to key Sydney locations, participate in curriculum exercises, and cultural activities.*

*Further program highlights include networking opportunities with engineering industry representatives and the Sydney Harbour Bridge Climb.*

*Application forms can be collected from me (Miss Gibson), as can brochure about the course.*

*Applications close on Friday, October 6.*

## Keeping Track of Work Hours – There’s An App For That!

The Fair Work Ombudsman has released the Record My Hours app which makes it quick and easy for employees to record and store the hours they work, plus other information about their employment. Employees can retrieve this information instantly if an issue about their pay arises and be confident when discussing the issue with their employer. Users can export the data via email to save it somewhere securely, share it with their employer or with the Fair Work Commission if they have a question about their entitlements.

The app uses the phone’s location services and ‘geofencing’ technology to let users set their workplace location and automatically record when they start and finish work, based on their location. Automatic recording won’t work for all job types, such as people working in places with no mobile or Wi-Fi coverage or people who travel a lot for work – manual recording has been incorporated to cater for this.

Other functionality includes the ability to:

- add rosters to a calendar
- receive notification reminders about upcoming shifts
- take photos of information that belongs to them or they’re allowed to access, like their own pay slips
- back-up information collected to iCloud or Dropbox and recover it easily
- record information about piecework arrangements

Visit <https://www.fairwork.gov.au/how-we-will-help/how-we-help-you/record-my-hours-app> for more information, including a tutorial on how the app works. The app can be downloaded for free from the App Store and Google Play.



## Work Ready

Christopher Niesche

<http://specialreports.theaustralian.com.au/779739/graduates/>

Law students are more successful at finding post-university employment than other students, the Council of Australian Law Deans says. It rejects suggestions that Australia’s 39 law schools are turning out too many lawyers, saying that just 7583 students graduated in 2015 – well below some reports suggesting the figure was closer to 15,000.

According to Graduate Careers Australia, around 74 per cent of those who graduated from law school four months earlier and were available for employment were in fact employed in 2015, compared with the national average for graduate employment of around 69 per cent.

Some individual universities have much better results. A survey of 2014 Juris Doctor graduates from the Melbourne Law School revealed that 98 per cent were employed and 73 per cent were working as legal graduates (a trainee, barrister, solicitor or judge’s associate), with many others working in other legal or graduate roles. “All law graduates may not be employed in the legal profession, but as the data suggests, a law degree places law graduates in good stead to secure employment across a variety of fields,” the deans’ council said.

Despite recent changes to the legal profession, earnings prospects for lawyers remain strong, second only to graduates in medicine and dentistry.

