Friday, May 20  
- Secondary Patrons Day

Wednesday, May 25  
- Parish Rite of Reconciliation, 7pm, St Teresa’s Church

Thursday, May 26  
- Primary Patrons Day, p9
- May 28 & 29  
- First Eucharist

Friday, June 3  
- Practise for Children’s Mass, St Teresa’s Church, 4-5pm

Saturday, June 4  
- Children’s Mass, St Teresa’s Church, 7pm

Friday, July 8  
- Pupil Free Day (Term 2)

We pray our school will be filled with love and mercy  
We pray our learning will be full of truth  
We pray our playground will be full of joy  
We pray our friendships will be full of forgiveness  
We pray our teachers will be full of wisdom  
We pray our community will be full of hope.  
Amen

Welcome to Catholic Education Week right across South Australia. The prayer above is actually an excerpt of a prayer used in some primary classes this week. So simple yet so obvious and concise.

By the time you read this, we are well and truly right into the celebrations and events that help to show what is truly special about our schools. For Samaritan College, our events actually span a few weeks given the nature of three campuses. Pretty well everything you see this week at the primary and secondary campuses gets ‘reversed’ in the coming weeks.

Please enjoy some of the photos and articles in this newsletter and our Facebook page of events that have already occurred including the formal acknowledgement of Mrs Christine Duffield’s 25+ year service to Catholic Education in this Diocese. This was done with 23 other ‘Jubilarians’ at the first event of Catholic Education Week last Friday night in Port Pirie.

Board

The College Board meets tonight at OLHCC and we welcome Mr Mark Bubicich as a casual member until the 2017 AGM. Mark is replacing Mr Qiang Chen who stepped down just after the AGM in March.

Primary Site

We can announce the college has received interim approval for the design of the new primary school. We have indicated for many months that whilst this is a key step in the process,
Many parishioners joined in a 24 hour vigil of prayer and reflection over the weekend. Commencing with the 7:00pm Mass on Saturday, running through the night at St Teresa’s, then shifting to Our Lady’s from 8:00am on Sunday, and concluding with the 5:30pm Mass, we opened our hearts to the mercy of God upon our community of Whyalla.

It was Pope Francis who called for this type of prayer, everywhere around the world, as part of the Great Jubilee Year of Mercy.

The Pope has underlined that God’s will is mercy for all his creation – beginning with us, and reaching out to the entire created world.

We give thanks that the gift of prayer, through our Catholic Church, and through our sister Christian churches throughout Whyalla, has enabled the spirit of courage, community, and cooperation that we are experiencing in our city. Yes, we are feeling the pressure, but we are also feeling the grace. The grace of God, helping families to hang in there, helping parents to make wise decisions about the future. Helping grown ups to avoid the addictive temptations of alcohol, drugs, internet porn, and gambling that appear to offer relief but only end up making things worse for our families. Helping kids to continue to embrace their studies, their sports and their prayer lives with confidence and faith.

One special feature of the Year of Mercy: Pope Francis has streamlined the Annulment process for people who have experienced the sadness of a broken marriage, and who have now made a fresh start in a new relationship.

Father Kevin Matthews, parish priest of Cummins, is the priest in charge of the Annulments process for our Diocese and the Adelaide Archdiocese. Fr Kevin will lead an information session here in Whyalla on everything to do with Annulments. The session will be this Thursday evening, May 19, 7:30 – 9:00 pm in the Blue Room at Our Lady’s. There’s no charge; you can come and listen, ask questions, or just take it all in. Maybe you know someone who would be interested. Why not offer to come along with them as a friend?

Let’s continue to show Mercy to one another, as Our Lord has shown mercy to us.

Fr Jim Monaghan
FOR THE PARISH TEAM

Catholics, Divorce and Remarriage
The parish is holding an Information Night with Fr Kevin Matthews, who will present about the Annulments process. This process has been streamlined by Pope Francis as part of the Year of Mercy. Come and listen, ask your questions, bring a friend.

Our Lady’s Blue Room, 7:30pm, Thursday, May 19.
Religious Dimension

Last Sunday was the Feast of Pentecost. This great church feast occurs ten days after the Ascension, when Jesus ascends to heaven to be seated at the right hand of the Father. Having ascended to heaven, the disciples may have felt a bit like a ship without a rudder, unsure of what they were to do after Jesus had left them. We read that the disciples were scared and confused about what they should do next and find themselves together in one place.

"When the day of Pentecost came, they were all together in one place. Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. They saw what seemed to be tongues of fire that separated and came to rest on each of them. All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them."

Acts 2: 1-4

While Jesus left his friends, he left the gift of the Holy Spirit to the disciples, and to us when we are baptised. The gift of the Holy Spirit gives us the strength and determination to carry out the will of God; To love others as we love ourself, to care for the environment, to proclaim the Gospel, to care for people in need, to show kindness to others, to always try our best and to share what we have with others and to recognise beauty in the world.

With this great gift the disciples went out into the world and brought the good news of Jesus Christ to all they met. For this reason Pentecost is often referred to as the birthday of the church.

Each Baptised person has this Gift of the Holy Spirit as they are anointed during this special Sacrament. This anointing is a call to be a follower of Christ and help create a world of peace, justice and service to others.

So for Last Sunday, we say to ‘The Church’, happy birthday.

Bernie Meixner
ASSISTANT PRINCIPAL IN RELIGIOUS IDENTITY AND MISSION

College News

Catholic Education Week 2016: Friday May 13 – Friday May 20

Opening Doors of Mercy - “Be merciful, even as your Father is merciful” (Luke 6:36)

Throughout the diocese of Port Pirie we are privileged to celebrate Catholic education each and every day. I see countless examples of students, teachers, support staff, volunteers, parents and parishioners putting their faith into action, living our Catholic values, opening doors of mercy and celebrating who we are as a Catholic community.

Catholic Education Week is a time to pause and ‘give thanks’ for the efforts of so many who enrich our schools in and across the Diocese of Port Pirie.

Last year, Pope Francis announced his intention to proclaim a holy year as a way for the church to "make more evident its mission to be a witness of mercy." Pope Francis invites us “to follow the merciful example of the Father who asks us not to judge or condemn but to forgive and to give love and forgiveness without measure."

Reflecting this Gospel call (to receive the mercy of God), Catholic schools strive to provide a learning experience through which every young person has the opportunity to reach their full human potential - spiritually, intellectually, emotionally, socially, culturally and physically - and know what it means to be witnesses of mercy. The theme has been chosen to provide Catholic schools with a vehicle to showcase and celebrate the high quality, innovative work they do, while highlighting their holistic philosophy of education and their responding call to mercy.

Catholic Education Week is an annual event and opportunity to share with gratitude what happens in our Catholic Schools with the wider community. I encourage staff, parents and friends to take a few moments to visit our Catholic Education – Diocese of Port Pirie website and learn more about our schools; our students, staff and educational communities: www.cesapp.catholic.edu.au

I wish everyone a happy, life giving and merciful Catholic Education Week 2016.

Warm regards

Brenda Keenan
Director of Catholic Education
Diocese of Port Pirie
Works/Purchases already completed for 2016:

- New classrooms chairs for R/1 O’Keefe
- New sports uniforms for SJC teams
- Rostered carpet replacements
- 2 class sets for mini iPads for primary
- Furniture for refurbished GS rooms at SJC

Works to be completed or begun in Term 2 & 3 holidays:

- New permanent bins at SJC
- Cricket nets at SJC
- Blinds in new Xavier building
- 6 new aircons across STC and OLHCC classrooms
- Bitumen repairs at STC and OLHCC
- Refurbish SJ rooms at SJC
- New Year 7 area at SJC
- New basketball ring for STC (during Term 2)
- Plus many other smaller projects including new projectors, ICT devices for primary, WHS upgrades and an altar

Patrons Day - Secondary Campus

Tomorrow the secondary campus will celebrate Patrons Day. On this day we celebrate our identity as a Catholic school and honour our patrons who have been a guide and inspiration for many generations of parishioners and school families.

We celebrate Our Lady Help of Christians, Saint John the Evangelist and Saint Therese (Teresa) of Lisieux. Our Diocesan patron is Saint Mary of the Cross MacKillop who we also honour on this day.

We will welcome the Year 6 and 7 students to the secondary Patrons Day this year as part of their transition for 2017. A reminder for the parents of Year 6 and 7 students to drop your child at Saint John’s Campus by 8:45am. Please refer to the letter sent home earlier this term about the arrangements for Year 6 and Year 7 students on this day.

Anxiety – what is it and how can I manage it?

Anxiety is a normal reaction to a situation that makes someone feel nervous, worried or under pressure like an exam or oral presentation. For some people, however, these anxious feelings can occur for no reason at all or continue after the event has occurred. For some people these feelings cannot be managed easily and can be very debilitating to a person’s daily life. Anxiety is the most common mental health issue in Australia; 1 in 4 people will experience it sometime in their life. Anxiety can be caused for a number of reasons and is usually a combination of the following; family history, stressful/traumatic events, physical health problems, substance use and/or personality factors.

So now you know a little more about anxiety, let’s explore some strategies to help manage it:

Track your thoughts: Write them down or use a phone app like MindShift to figure out which thoughts are making you anxious.

Challenge your thinking: Ask yourself how realistic your anxiety-causing thoughts really are, by weighing up the evidence for and against.

Avoidance: Avoiding situations that make you anxious never gives you the opportunity to see that they might not be that bad. Instead, let yourself experience these feared situations a little bit at a time.

Be mindful: Practising mindfulness helps you pay attention to the present moment, and not get caught up in thoughts about the past or worry about the future.

Problem-solve: Not every problem can be solved, but there’s usually something you can do; brainstorm some possible actions and put these into practises.

Lifestyle matters: Eating well can make a difference to your energy levels, and exercise is a natural anxiety buster. Sleep is also important for physical and mental health.

Time-out: Try to make sure you do at least one thing you enjoy each day.

Talk to someone: It is really beneficial to get your feelings out by talking to a trusted person, and can also be helpful to get an outsider’s perspective on what’s going on.

If you try these strategies yet those anxious feelings are not going away it may be helpful to go see a Doctor or Counsellor for some extra help and support – the School Counsellors Cass and Kaci are available at each campus weekly.

kaci.williams@samaritan.catholic.edu.au

cassandra.ward@samaritan.catholic.edu.au

Based on information from Beyond Blue ‘Understanding anxiety’ and Reach Out ‘Self-help strategies for anxiety’
Samaritan’s own App is now ready for download!

Our college now has its own Skoolbag iPhone and Android App to help us communicate more effectively with our parent community. To install it, just search for our school name ‘Samaritan College’ in either the Apple App Store or Google Play Store. For Windows users search for ‘Skoolbag’ in the Windows Store and install the app and then find your school. Please note it must be a Windows 8.1 or 10 device. Additional information such as push notifications etc. is shown below and will be available on the website.

Maresa Lyons
MARKETING AND PUBLIC RELATIONS OFFICER
A Week of Celebration - Catholic Education Week

Samaritan College, along with all Catholic schools in the state, have celebrated Catholic Education Week. Whilst every day is a time to celebrate who we are as a Catholic community, this week provides a time to pause and ‘give thanks’ for the efforts of so many who enrich Catholic Schools.

Celebration of 50 Years

On Monday members of the parish, along with past and present scholars and staff, celebrated the 50-year anniversary of the original building (our current junior primary classes) at Our Lady Help of Christians Campus. The students in Year 2/3 Thiele/Arcobelli asked many questions to understand what the school was like at this time and enjoyed the delicious morning tea.

I asked if any of the visitors taught in this room. They didn’t but Mr Meixner did.

Ruby Main

I wanted to know if they had air conditioners back then. They didn’t, the children got to run under the sprinklers and go home early.

Marlee Payne
Open Night a success

Tuesday night both primary campuses held an Open Night. Parents had the opportunity to visit their child’s classroom and to wander through the entire school looking at and celebrating the learning displays.

Thank you to those parents, families and friends who came along, the response was extremely positive. Please also remember that you are always welcome to share in your child’s learning at either campus.

Children’s Mass

On Saturday, June 4 at 7pm there is a Children’s Mass at St Teresa’s church. A practise will be held on Friday, June 3 from 4 - 5pm in the church. At this Mass students who will celebrate their First Eucharist will be presented with their certificates. Please come along and celebrate with the children on this evening.

Police Visit

During Health R/1 Leech and R/1 De Tullio are focusing on identifying actions and people that promote health, safety and wellbeing. We are also investigating protective behaviours and other actions that help keep children safe. On Wednesday, we had two special visitors from the police force come in to help us learn how to be safe and how police officers keep us safe and help in our community.

I loved seeing my Aunty when the Police came to visit. I learnt Police Officers use their equipment when people make B choices. Police Officers are helpful when there is a problem.

Cooper A

I liked it when they showed us the equipment on their belt. I learnt that Police Officers use dogs and ride horses and they taught us to always be safe. Police Officers are nice and helpful.

Molly M

I liked watching the video that showed us what Police Officers do. I also liked seeing their equipment. I learnt about being safe and not to ever go with a stranger. Police Officers are nice and people that we can trust.

Madeleine B
After School Football

The After School Football season got underway yesterday afternoon with the 2015 grand final rematch between STC and OLHCC.

The “Samariclash” was played in great spirit in front of a vocal crowd. We would like to acknowledge the work of Mr Usher who gives up his time to umpire, as well as taking care of all the behind the scenes formalities for both teams. We also thank Mr Raymond and Mr Molyneux who coach the sides. A huge thank you to Mrs Gurnett for cooking the BBQ and to all the staff, students and parents who came to support the teams.

Final score: St Teresa's 8.8 56 vs OLHC 4.6 30

All Played Well.

How can you fill someone’s bucket?

In class we read the book “How to fill a bucket”. We then worked with a partner to make posters to show people how we can “fill someone’s bucket” and make a difference to their day. Some ways to “fill someone’s bucket” are being kind, smile, use manners, do things without being asked, include others and show respect.

We thought about the Crows visit last term and remembered the “5 habits of happiness” which are:

• an attitude of gratitude
• random acts of kindness
• positive reflection
• being a wellbeing warrior
• operation home service

We realised by “filling someone’s bucket” we are also displaying the 5 habits of happiness.

Go on, give it a go “fill someone’s bucket today”!

Year 5/6 Free

Lou Whitehouse
DEPUTY PRINCIPAL (PRIMARY)
Patrons Day
The primary campuses will celebrate Patrons Day on Thursday, May 26 at OLHC Campus. Students from Saint Teresa’s Campus need to be dropped off at OLHC Campus by 8:45am and meet their teacher on the Basketball courts. The children will be returned to their own campus after the celebrations by bus. Please refer to the note that was sent home for more details.

First Eucharist
The children who are preparing for First Eucharist have been learning about the Sacrament and will now receive the Body and Blood of Christ on the weekend of May 28 and 29.

This weekend is the Renewal of Baptismal Promises. The Parish Rite of Reconciliation will take place on Wednesday, May 25 at St Teresa’s Church. This is an important part of the preparation for the First Eucharist children and they are required to attend.

Bernie Meixner
ASSISTANT PRINCIPAL IN RELIGIOUS IDENTITY AND MISSION

Samaritan College Primary Band
A reminder to all band students and families that Band Rehearsals will be on as normal during Thursday Week 4, as the Patrons Day celebrations in the morning will not affect Band Rehearsals in the afternoon. This means that Advanzato Primary Band students from STC will be dismissed from OLHCC on Thursday afternoon as normal.

If you have any questions or concerns please do not hesitate to contact Miss Anttila on 8645 8568.

Julia Anttila
MUSIC TEACHER

Commonwealth School Banking
The Commonwealth Bank is running an in-school incentive this term. If your child banks 3 or more times by the end of Term 2. Their names will go into a draw to win a school banking prize pack.

Rose Cassar
BANKING COORDINATOR
Catholic Education Week

We were very fortunate to have Sister Sonia Wagner with us this week to officially open the refurbished Good Samaritan Rooms. Father Jim presided over the ceremony attended by the Year 11 students who primarily use the rooms. It was good to hear Sr Sonia share her account of the journey to and importance of Whyalla in the work of the Good Samaritan Sisters. These classrooms, named from the story of the Good Samaritan in Luke’s Gospel, will be a continual reminder of the Mercy that we must show to others, much like the Good Samaritan Sisters who worked in Whyalla for approximately 70 years.

Next month we will have representatives from Questacon in the school working with students from Years 8 and 10. This is a free program and part of their South Australian tour. We really look forward to seeing this program enhance the work that our teachers are doing in their classroom, developing further interest and engagement in the areas of Science.

We have also signed up to be part of the STEM Experience, taking place during Term 3. Interested students will work on projects in either the areas of Maths and Science or Engineering and Technology. As teams they will work with mentors and use their knowledge to solve problems. Their solutions will be presented at the University of South Australia with the winning team going on to Adelaide to compete against other regional winners.

Free Holiday Program

Questacon will be returning to Whyalla in the first week of the July holidays to hold an Invention Convention. The Invention Convention is a three day, hands on workshop where 14-18 year olds can tinker with anything from robotics and electronics to wood and hot glue to bring their ideas to life. This program is completely free and we encourage parents and students to explore the website www.questacon.edu.au and register. Please refer to the flyer on p12.

Patrons Day

A reminder that tomorrow the secondary campus celebrates Patrons Day. Students should come to school as normal, dressed in appropriate casual clothes, and enjoy the festivities.

Continuing our Growth in Science

As a college we are impressed with the success of past students within the different branches of Science, many of whom have gone on to complete University degrees where science is crucial; Chemical Engineering, Medicine and Pharmaceutical Science are a few that come to mind.

Whilst we have had this success, the Science faculty is always looking for ways to increase student awareness of science and potential career options. For a number of consecutive years we have taken students from Year 9 to a Science Camp at Flinders University in Adelaide. A couple of years ago we won the local Science and Engineering Challenge with a team of Year 9 students (competing against Year 10s) and then sent the team to Adelaide. Last year Senior students in the Chemistry and Physics classes explored processes at OneSteel and learnt about how their classroom science translates to industry. We also trialled with a Year 9 class an environmental study about the mangroves along the Whyalla coastline. The project was an unprecedented success and this year we have expanded to include the entire Year 9 cohort studying the Saltmarsh environment. We look forward to seeing their findings later in the year.

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Clothing and Textiles

Many questions have been asked about the continuation of Clothing and Textiles in light of the closure of Spotlight. Whilst, as a college, we will not be able to supply the variety of fabric that retailers can, we will have a limited range that is suitable for the projects that the students undertake at the different year levels for Clothing and Textiles. As such, students will not have to purchase their own fabric unless they require a specific print.

John Lyons
DEPUTY PRINCIPAL (SECONDARY)

Open Girls Football

On Friday May 13, 21 students from Years 10 to 12 travelled to Port Augusta to compete in an Open Girls Football carnival. Due to some last minute withdrawals they only played one game against Port Augusta Secondary School. The team played with determination, skill, exceptional team work and great sportsmanship which saw them defeat PASS with a final score of 31
points to 13 points. This victory will see the girls through to the next round of the State Knockout Competition with details to be finalised depending on the results of other regions. Great work ladies.

Erin McIntee
HPE AND SPORTS COORDINATOR

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**Bookings for Principal’s Tours**

Families of current Year 6 and 7 students, from any Whyalla Primary School and transitioning Samaritan students, are invited to attend tours of the Saint John’s Campus on **Tuesday, June 7**. Three time slots are available throughout the day: two during school hours (12pm and 2pm) and one after school at 4pm.

Please follow these simple instructions to make your booking online:

Go to [www.schoolinterviews.com.au/code](http://www.schoolinterviews.com.au/code) and follow these simple instructions:

- Enter code **6qe4j** and press "Go"
- Enter your details
- Select the session you wish to attend
- Confirm the time you want (only book **one** tour at either 12, 2 or 4pm)
- When you click **FINISHED**, your booking information will be emailed to you automatically. If you do not receive your email immediately please check your junk mail folder AND make sure you have spelled your email address correctly. You can return to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) at any time, and change your tour time. Remember to use the same name and email address you used when you made your original booking. If you experience any issues with the system or have any questions please contact Maresa Lyons on (08) 8645 8568 during office hours or via email maresa.lyons@samaritan.catholic.edu.au
**Community News**

"The services and events contained in this section are in no way connected with the school and are included in this newsletter for your information only. Parents and caregivers need to make their own enquiries and assessments about the suitability of these events and services for their needs and those of their children."

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**Canteen Rosters**

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<tr>
<th>Week 4 and 5</th>
<th>ST TERESA’S CAMPUS</th>
<th>SAINT JOHN’S CAMPUS</th>
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<tbody>
<tr>
<td>May 23-27</td>
<td>Joanne Foubister</td>
<td>Fiona Wilson</td>
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<td>Tanya Boundy</td>
<td>Laura Smith</td>
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<td>Tue</td>
<td>Suzanne Kairl</td>
<td>Rita Marinkovich</td>
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<td>Tonia Munday</td>
<td>HELP NEEDED</td>
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<td>Wed</td>
<td>Kellie Sarret</td>
<td>Jodie Gould (lunch)</td>
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<td>Anne-Marie Fisher</td>
<td>Helen Butt</td>
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<td>Thu</td>
<td>Rachel Brokken</td>
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<td>Steff Woolford</td>
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<td>Fri</td>
<td>Rebecca Coffey</td>
<td>Maresa Lyons</td>
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No help required at OLHCC. Thank you for your assistance.

Annette Cameron, Rose Cassar and Carolyn Goldsworthy
CANTEEN MANAGERS